

OCR Cambridge Nationals Level 2 in Sports Studies.



How are students assessed?

- The course is split into 3 units, assessed out of a total of 190 marks.
- 2 units are internally assessed and 1 unit is an externally assessed examination.
- Students will undertake regular assessments/assignments throughout year 10 and 11.

Where can this qualification lead?

BTEC or A level study

Degrees in sport, sport studies, sports management.

Careers in the following areas;

- Coaching
- PE teacher
- Sports development
- Sports management

What will students study in the OCR
Cambridge National Sports Studies qualification?

Unit R184 Contemporary issues in sport. (Mandatory unit) 70 marks

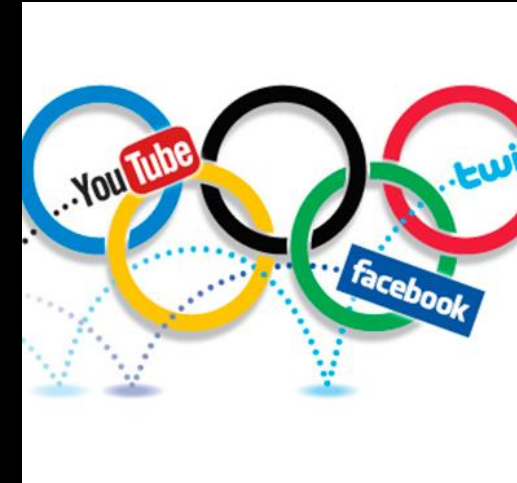
Externally assessed unit (written examination)

- Issues that affect participation
- The role of sport in promoting values
- Understand the importance of hosting events
- Know about the role of national governing bodies in
- The role of technology in sport



Within these topics students will explore;

- Behaviour and conduct in sport
- The use of performance enhancing drugs
- The Olympic creed, values and legacy.

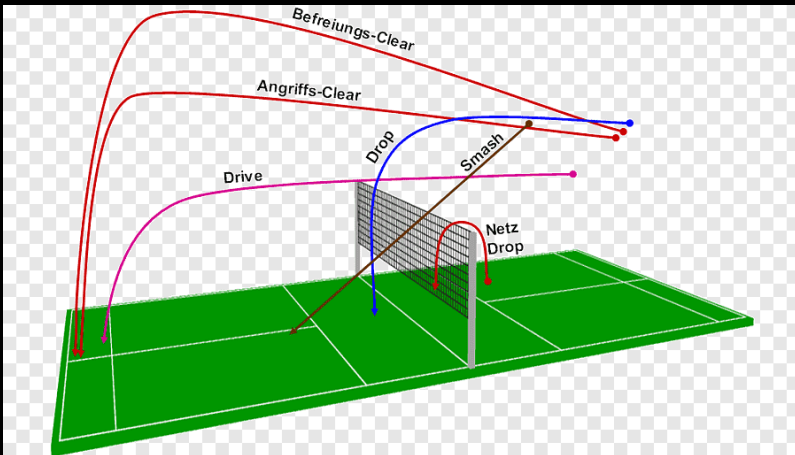


What will students study in the OCR Cambridge National Sports Studies qualification?



Unit R185 Practical Performance and Leadership in Sport (Mandatory unit 80 marks)

- Use skills, techniques and tactics as an individual performer.
- Use skills, techniques and tactics as a team performer.
- Be able to apply practice methods to support improvement in a sporting activity.
- Be able to plan sports activity sessions
- Be able to deliver sports activity sessions
- Be able to evaluate own performance in delivering a sports activity session.



Due to the practical demands of this unit and the assessments required, it is essential that students who select this course are regularly participating in sport, to preferably club level.

All aspects of the practical are mandatory and the leading task is one we advise students to give consideration to before selecting this an option.

What will students study in the OCR Cambridge National Sports Studies qualification?

- **R186 Sport and the media (40 Marks)**

- Know how sport is covered across the media
- Understand positive effects that the media can have on sport
- Understand the negative effects of the media in sport

Something to consider;

It is helpful for this unit if students have a keen interest in sport and follow sport within the media. This will enable them to complete assignments much easier and contribute more in lessons.

SPORTS AND THE MEDIA

Books
 All books to do with sport are very popular amongst all user groups, they include a vast range of categories of fiction and non-fiction, these include: bio and auto biographies, coaching manuals, rules of the sport and history of the sport as well!
 One of the most sold books written by a sportsman was by the American NBA Basketballer: Kobe Bryant. Named 'Kobe Bryant and The Mamba Mentality' it's a narrative non-fiction based upon his life, career on the basketball court, and his insight, style of playing the game which is now a standing emoji under his name and his family.
 Many other sports men and women, of many sports have published books too with the likes of Cristiano Ronaldo, Andy Murray, Tyson Fury and others!

Newspapers
 They appear in two formats: tabloid and broadsheet, the broadsheets tend to cover more sports articles including shocking results and big news!
 You can buy local and national papers.
 Written by non-official publications they are made by fans so they are able to interact with other fans and ask non-needed information and rumours.

Fan sites
 Created by fans they are dedicated websites for a sports, celebrity, team or event. Majority are non-official but still have a large following, they include: videos, photos and more.

Live streams
 Is the delivery of internet content as it happens.
 Many premier league games can be found live on the internet with illegal streams and apps like 'Twitter'!

Video sharing sites
 Allowing any and all users to distribute and upload their video clips to share them with others on many platforms.
 YouTube is the most common and most used service of video sharing, with millions of sports themed videos available it is easy to access and find what you are looking for, for example: football, and other sport match highlights, how to play a game, tips and tricks and how to be the best!

Internet
 The internet is a form of media that is accessible to many.

Podcasts
 A digital audio recording available to download, many based with a subscription but some of the best sporting podcasts came at no cost.
 A very popular sport podcast is: 'Test match special' hosted by BBC radio 5 live, it's a cricket coverage podcast which cover all of England's test matches, the team, interviews and exclusive live coverage.

P2P Sharing
 Is the peer to peer sharing of sport content like scores, results, news, updates and rumours. A popular site is: <http://www.sportsp2p.com/>

Social Media
 Social Media is interactive, immediate and one of the most popular forms of media. Sport on social media is used by teams, leagues and players. They tend to have accounts on the most popular social media, however, 'Twitter' causes people

Blogs
 An informal journal, provided online written by a single person or a group of collective writers, writing about themselves or others.

Radio
 Radio is a form of media that is used in many day-to-day activities like exercising, walks and car journeys as they are purely sounds meaning they provide a much more detailed talk as they are aiming to paint a picture and create an image in the listener's head.
 The radio part of the media covers four specific forms.

National Radio Coverage
 These cover the countries sporting news and include BBC radio 5 live and Talk Sport.

Dedicated Sports Radio Stations
 They are radio stations dedicated to only sport (hence the name).
 There are only two mainstream stations in the UK: BBC Radio 5 Live and Talk Sport.
 Radio 5 live is the principal station it broadcasts all major sporting events but for obvious reasons cannot have coverage on all so the rest are covered on the sister station.

Local Radio Coverage
 Covers local sporting news with the BBC hosting nearly 30 local radio stations!
 BBC Suffolk covers many local football games for Ipswich town and smaller teams like Lowestoft!

Pay-per-view
 Pay-per-view is a television service where a subscriber is able to purchase an event as view, mainly for 'one-off' events like boxing.
 In 2017, 1.5 million people used PVP to watch the heavyweight world title boxing match between Anthony J and Vladimir K.

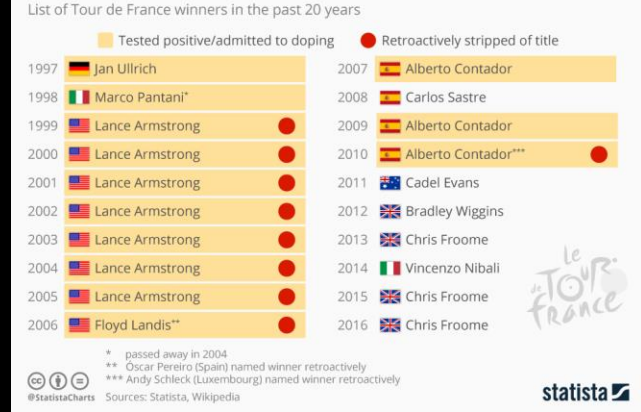
Satellite
 Satellite is a form of TV which is only available at a subscription service but shows a much wider variety of sports games, coverage, debates and more.
 There are many services available including: Sky sports, BT sports, Eurosport and now Amazon Prime.
 The most popular sport covered on all these platforms is Football, with Sky alone (which is classed as the dominant subscription) paying up to £11.7 million for every live game shown. With Sky showing many premier league and other national league games every week, it has a huge impact on the popularity of the sport.

Internet stations
 Offering news, sport and talk!

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Can the Tour de France Shake Its Tarnished Past?



What work will students need to produce?

- NEA Written reports/assignments
- Session plans
- Evaluations
- Class discussions
- Numerous practical assessments
- Formal written examination
- Research projects/tasks



SPORTS AND THE MEDIA

Books
All books do not write sport in any particular manner. As a result, they include a wide range of categories of fiction and non-fiction, such as: biographies, coaching manuals, histories of the sport and history of the sport as well as the most well-known sports written for a general audience by the American NBA basketballist Kobe Bryant. Names: "Kobe Bryant" and "The Herobrotherhood" is a narrative non-fiction account of the life of the basketball player and his family. Many other books are written about sports, such as the published books on the lives of Olympic athletes, Andy Murray, Tyson Fury and others!

Newspapers
The "paper" that reports on the world of sport is the newspaper. The newspaper is a daily publication that covers more sports articles including shocking results and big news. You can buy local and national papers.

Fan sites
Written by non-official publications they are made by fans so they are able to report on other news and talk non-biased information and rumors.

Fan sites
Created by fans they are dedicated websites for a sport, celebrity, sport or event. Fan sites are non-official but still have a large following. They include videos, photos and more.

Live streams
As the delivery of matches content as it happens. Many premier league games can be found live on the internet with digital streams and apps like "Twitter".

Podcasts
As digital audio recording available to download, many based with a subscription but some of the best sporting podcasts come as no cost. An early popular sport podcast is "Footy podcast" hosted by BBC radio 5 live, it's a cricket coverage podcast which covers all of England's test matches, the team, interviews and exclusive live coverage.

Video sharing sites
Uploading any and all users to distribute and upload their video clips to share them with others on many platforms. YouTube is the most common and most used service of video sharing, with millions of sport-themed videos available. It's easy to access and find what you are looking for, for example: "Football" and other sport match highlights. How to play a game, tips and tricks and how to be the best!

P2P sharing
As the peer-to-peer sharing of sport content like scores, match news, updates and rumors. A popular site is <http://www.sport2.com/>

Blogs
As a personal journal provided online written by a single person or a group of collective writers, writing about themselves or others.

Social Media
As the most interactive, immediate and one of the most popular forms of media. Sport on social media is used by teams, leagues and players. They tend to "have accounts on the social media sites like Facebook, Twitter and YouTube."

Internet
The internet is a form of media that is accessible to many.

Sports word
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Pay per view is a television service where a subscriber is able to purchase an event. View mainly for "one-off" events like boxing. In 2017, 1.5 million people used PPV to watch the heavyweight world title boxing match between Anthony Joshua and Tyson Fury.

Satellite
As a form of TV which is only available at a subscription service but shows a much wider variety of sports games, coverage, debates and more. There are many services available including Sky Sports, BT Sport, Amazon Prime and Amazon Prime.

Formal stations
Offering news, sport and talk.

National Radio Coverage
These cover the current sporting news and include BBC Radio 5 live and Talk Sport.

Dedicated Sports Radio Stations
They are radio stations dedicated to only sport hence the name. There are only two mainstream stations in the UK: BBC Radio 5 Live and Talk Sport.

RADIO
Radio is a form of media that is used in many different ways. It is used for news, sport and entertainment. It is also used for advertising and for entertainment. It is also used for education and for information. It is also used for entertainment and for information. It is also used for education and for information. It is also used for entertainment and for information.

Terrestrial television
Offers a wide range of sports on TV. Channels include BBC 1, BBC 2, ITV, Channel 4 etc. Match of the day is a constant favourite on BBC 1 that shows highlights from Saturday's premier league matches and this follows to match of the day 2 on Sunday which features Sunday's premier league matches. BBC 1 and 2 also has shown snooker: the masters live on Saturday the 16th of January. Channel 4 showed the European champions cup (rugby union) on Saturday 16th of January. BBC 1 showed the NFL show on Saturday 16th of January which looks at divisional play offs. ITV usually hosts and shows live international matches when England play. Satellite TV includes Sky sports which offers a wide range of sports to choose from they offer live premier league matches and EFL matches they offer cricket and golf channels where they host previous tournaments and show cricket debates. BT sport is another example they show a range of shows including WWE coverage, women's super league, cricket and live UEFA champions league matches. Pay Per view is another way we can watch sports; the premier league introduced the Pay Per view for matches however scrapped as it became very expensive for each match you had to £14.95 10 matches every week sometimes mid-week football this was a bad idea. However, some sports for example UFC/boxing and WWE offer Pay Per Views and these have turned out very good. Conor McGregor takes on Dustin Poirier on Pay Per View Sunday the 24th of January. WWE also shows the Royal rumble Pay Per View on Sunday the 31st of January.

Sport and the media.

Sport is covered across the media in different ways for example:

1. Television
2. Written press.
3. Radio.
4. Social media/Internet.

Television

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This is a course with a lot of variety and interesting content for students that are passionate about sport and enjoy learning about it.

Due to the practical nature, it would be well suited to students considering progressing as sports performers, coaches, officials or even further study/employment in sport.

This is an excellent course, with interesting content and one our current students find both interesting and enjoyable.

What do our current students think about the course?

Over the course I have really enjoyed each part from finding out new information on the effects of the media on sport. I have found all my lessons enjoyable and found anti-doping the most interesting topic.

Year 10 student



I believe that this course is very helpful, it gives me an insight for the future as it teaches me about the media and the problems in sports. It has improved my knowledge of the subject. I believe this course has supported us a lot. Overall, I really enjoy this course.

Year 10 student